

Queensland Anaesthetic Registrars' Research Collaborative

# What is **QARRC**?

QARRC is Australia's first multisite trainee led anaesthetics research network.

The primary aim of QARRC is to produce high quality, multi-centre research, audit and quality improvement projects and publications that are anaesthetically focused and trainee led. This will be achieved by facilitating communication and cooperation between anaesthetic trainees placed at Queensland hospitals.

Secondary aims include improving support and access to research for anaesthetic trainees, research training and education, as well as securing regional and/or national funding for research and audit work. We also aim to assist trainees in the completion of scholar role audit activity.

### Why should I get involved?

Research is essential part of evidence-based medicine, and to ensure the improvement and ongoing high quality and safe patient care in anaesthesia and preoperative medicine.

QARRC aims to improve trainee education in the research process, provide support for projects, and to facilitate the communication and collaboration between anaesthetic trainees.

### How can I get involved?

There are many ways that you can be involved in QARRC.

## General Member

• Network with other enthusiastic trainees and gain knowledge and skills about the research process.

### Site Collaborator

• Support colleagues in their research efforts by assisting with data collection and collaborating on projects.

# Trainee Hospital Lead

- Promote QARRC at a local level, provide a point of contact for QARRC members and liaise with QARRC Executive Committee.
- One trainee lead per hospital site.

# QARRC Executive Committee

- Involved in the overall development and coordination of research projects, and represent the organisation by presenting QARRC data at conferences.
- General organisation and attendance at QARRC meetings, and assisting in the organisation of educational sessions for QARRC members.
- Elected annually.

## Consultant Support

- Consultants with an interest or background in research are invaluable in providing support and mentorship for trainee hospital leads. The aim is for trainees to lead the research process, supported by consultants at a local level.
- QARRC aims to facilitate collaboration between hospitals, and encourage collaboration within departments.

## Do I have to be an Anaesthetic Trainee to be involved?

While QARRC is aimed at supporting anaesthetic trainees in their research efforts, other healthcare professionals and medical students may become members of QARRC and support trainees through general membership and site collaboration.

Anaesthetic Trainees may only remain full members of QARRC until they have received their FANZCA.

### What if I have never done any research?

Starting off in research can be a daunting process. QARRC aims to help trainees through the research process by providing teaching, education, support and collaboration at a local and statewide level. We aim to demystify the process and foster a culture of high quality and collaborative research.

Trainees of all levels and experiences are welcome.

### Where can I get more information?

Website: www.QARRC.org

- Email: info@QARRC.org
- Twitter: @qarrc1